

## COSTUMES

- Practice putting on costumes multiple times prior to Halloween
- Have the child wear comfortable cotton if they can not handle textures.
- Pajamas are a great option to help with the transition to bed

## NO TRICKS JUST TREATS

## SENSORY FRIENDLY STRATEGIES FOR HALLOWEEN



## TRICH OR TREATING

- Develop a time limit
- Talk about a plan with kids
- Start early

For more information, contact: Lauren Friedman Occupational Therapist info@blendztherapy.org

