

Fine Motor Developmental Milestones



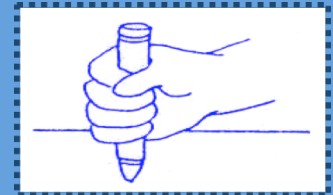
- Hands are in a fist position & arms movements are random
- Watches movement of their hands & other moving targets (mobile/person)
- Swings at targets using their whole arm
- Begins to hold objects in their hands

- Brings their hands together
- Begins to move objects from one hand to the other
- Begins to hold & shake toys using both hands



- Begins to grasp things by “raking” with their hand
- Uses their pointer finger to touch things
- Holds & drinks from bottle on their own
- Claps hands

- Feeds themselves finger foods
- Turns pages in a book a few pages at a time
- Pincer grasp begins to develop (using index finger & thumb)
- Uses a fist grasp to scribble
- Holds two small objects in one hand
- Begins to show a preference for one hand over the other (beginning development of right vs. left handed)



- Builds block towers (2 blocks)
- Waves hello & goodbye
- Scoops objects with a spoon or small shovel
- Bangs objects together using both hands
- Scribbles with crayons on paper
- Places small objects in a cup or container

- Puts rings on pegs
- Holds crayon with pincer grasp to scribble
- Builds block towers tower (3-4 blocks)
- Opens loosely wrapped packages or containers
- Turns pages in a book one page at a time



- Turns doorknobs
- Strings large beads
- Zips & unzips large zippers
- Uses a spoon & fork correctly
- Manipulates clay or play dough
- Screws lids on containers on & off
- Uses pincer grasp to pick up small objects
- Make snips on paper with child-safe scissors
- Washes hands independently